

Guidelines for Attending a Birth in the Surgical Suite

Welcome, support people! Please be aware of a few simple rules while you are in the surgical suite. These are for the safety and well-being of you and your loved one.

- We will give you special clothes before you can enter the surgical suite. This includes a jumpsuit to cover your clothes, shoe coverings, a hat and a mask. Please put on everything but the mask, which can go on right before entering the surgical suite.
- You can bring your mobile phone, but use it for photos only. Please, no phone calls or other social media use until you have left the operating suite.
- Please stay seated at all times unless we tell you otherwise. This helps us give your loved one the best care and keeps the room sterile.
- Please don't touch the blue drapes. These create a sterile barrier.
- If at any time you feel faint or sick to your stomach, let us know. You may want to eat or drink something before you enter the surgical suite.
- In some cases, we may ask you to step out so we can give your loved one more focused care. If this happens, we will tell you where to go and explain what is happening.