

## Childbirth Preparation Classes



There are a variety of opportunities for OBGYN West's patients to help prepare you for your baby's birth.

\*We offer both a weekend class and weekday childbirth preparation class at OBGYN West's Eden Prairie office.

(\$100/couple)

Classes are taught by Anna Beery and Amber Ottney - both labor and delivery, NICU and postpartum nurses at Fairview Southdale Hospital.

For more information or to sign-up, please email us at:  
[birthingclass@obgynwest.net](mailto:birthingclass@obgynwest.net)